

Terms & conditions of service:

- Services are charged at the rates provided on my website, unless otherwise agreed.
- Discovery calls are free of charge, whether formal appointment is booked or not.
- Customers must pay at the time of booking.
- Funds will be returned if appointments are cancelled a minimum of 24 hours in advance. Cancellations made with less than 24 hours notice will not be refunded.
- Invoices/receipts will not be provided unless requested by the client. Invoices/receipts will be sent electronically where appropriate.
- All resources provided to clients are subject to intellectual property rights and must not be used, copied or distributed without permission from the author.
- This contract shall be governed by the laws of Ireland.

Disclaimer:

I am a registered associate nutritionist with the Association for Nutrition and appear on the UK Voluntary Register of Nutritionists (UKVRN) (registration number 10518). As a registered nutritionist, I am bound by a code of ethics and as such always endeavour to provide accurate and evidence-based information in a responsible manner. Any advice or recommendations provided on this website is meant for healthy adults and should not replace advice provided by your own healthcare professionals, such as your GP, nurse, or other healthcare professional.

I have also pledged to blog with integrity, which means I pledge to blog in an honest and transparent manner and treat others with respect. To read the full pledge head to <http://www.blogwithintegrity.com/>.

All of the opinions presented on this website are my own unless otherwise stated. Any content that is not my own will be credited to the original author.